

**LOS ANGELES BRANCH
ANTHROPOSOPHICAL SOCIETY IN AMERICA
DEC. 2011 JAN./FEB. 2012**

PAINTING WITH KO HAWKES

December 3, Saturday, 9:30 a.m. – 12:00 noon

January 21, Saturday, 9:30 a.m. - 12:00 noon

February 25, Saturday, 9:30 a.m. -12:00 noon

Now is the time for those who haven't painted to do something different, or for others to continue exploring the wealth of possibilities through color.

\$30 per class includes all materials and refreshments, facilitated by Ko Chen Hawkes. Please call or email her to register.

(626) 794-0852

kohawkes@hotmail.com

FIRST CLASS Blue cards required.

December 4, Sunday, 5:00 p.m. Lesson 13

January 7, Saturday, 1:00 p.m. Conversation about the *Soul Calendar* in relation to the work of the Class

January 8, Sunday, 5:00 p.m. Lesson 14

February 5, Sunday, 3:30 p.m. Conversation about the 19 Lessons as a whole

5:00 p.m. Lesson 15

THE MISSION OF GAUTAMA BUDDHA IN THE LIGHT OF RUDOLF STEINER'S SPIRITUAL RESEARCH AND ITS CONNECTION TO THE CHRISTMAS FESTIVAL

A TALK BY LINDA CONNELL

December 10, Saturday, 7:30 p.m.

The image of Gautama Buddha receiving enlightenment beneath the Bodhi tree is a common one for people who are interested in the world's religions. But there are many other images, only spoken of by Rudolf Steiner, for instance, Buddha's appearance to the shepherds in the fields at the birth of Jesus in Bethlehem. Linda Connell will share some of the wealth of images of the work of Gautama Buddha, and speak of his special mission in world evolution and how he continues to serve mankind in its upward progress.

Linda Connell is a member of the Western Regional Council and a longtime member of the Los Angeles Branch.

No admission charge. Donations are very welcome.

**WINTER EURYTHMY FUNSHOPS
WITH LYNN STULL**

December 10, Saturday, 10:00 a.m. - 12:15 p.m.

Thinking, Feeling and Willing

January 28, Saturday, 10:00 a.m. - 12:15 p.m.

Preparations for Eurythmy, Heart Form

March 3, Saturday, 10:00 a.m. - 12:15 p.m.

Bodacious Praying

December's funshop will explore the different aspects of movement with thinking, feeling, and willing.

In January 1912 Rudolf Steiner gave Lori Smits, the first eurythmist, specific instructions to prepare herself for the new art of Eurythmy. In our January funshop we will look at these preparations, as well as move to a poem by Emily Dickinson and a special form that reflects the blood flow of the human heart.

Rudolf Steiner tells us that prayer gives wisdom, deepens our feeling life, and strengthens the will. In March, we will experience specific soul gestures and the poetry of prayer through the ages.

No experience is necessary. Just be open to having fun! Please come at 9:45 a.m. so that we may start promptly at 10:00. \$25 per session.

LOS ANGELES HOLY NIGHT READINGS



THE FIFTH GOSPEL: LECTURES BY RUDOLF STEINER

December 26th – 31st and Jan. 2nd – 6th at 7:30 p.m.

(No meeting January 1st. The Rose Parade will be on Jan. 2.)

All readings at the Rudolf Steiner Community Center in Pasadena.

"People will have to exchange the spirit of mere thinking for the spirit of direct vision, of direct compassion and shared experience of the Christ who is spiritually alive and walks at the side of all human souls." (Rudolf Steiner, lecture of Oct. 14, 1913, in GA 152, *Approaching the Mystery of Golgotha*).

Specific vivid, and very moving details about the Apostles' inner experiences, the childhood and young adulthood of Jesus of Nazareth, and what occurred in the Mystery of Golgotha are disclosed in Rudolf Steiner's lectures on the Fifth Gospel. Dr. Steiner, who discovered the contents of the Fifth Gospel through his active spiritual research, shares them in a way that can awaken our own active, heartfelt awareness of how the Christ speaks to us, in our time. As Peter Selg points out, "Reliving the suffering and reawakening these concrete events serves a future connection to the Christ and his civilizing effect in an increasingly self-destructive world." (*Rudolf Steiner and the Fifth Gospel*)

During the Holy Nights we will read and discuss the first eleven of the lectures in GA 148, *The Fifth Gospel: From the Akashic Record*. A good English-language translation of the lecture series is in print (enlarged edition, Rudolf Steiner Press, 1995, 1998) and can be purchased from SteinerBooks. The first five of the lectures also are available in English online, in the Rudolf Steiner Archive.

January 1st at 7:30 p.m. Reading: Rudolf Steiner's lecture of Dec. 22, 1912, "Christian Rosenkretz and Buddha" (Lecture 5 in in GA 141, *Between Death and Rebirth*), followed by refreshments. **At the home of Linda Connell and Philip Mees**, 1401 Valley View Rd., Apt. 425, Glendale, 91202; 818-546-1440..

WHAT IS THE NATURE OF THE NATURE SPIRITS AND HOW CAN WE WORK WITH THEM?

WITH LISA DEL ALBA

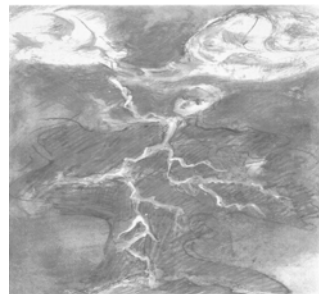
January 21, Saturday, 2:00 - 5:00 p.m.

Rudolf Steiner connects the etheric body of man with, among other things, 'his temperament, the deeper peculiarities of his character.' (GA 13, *Occult Science*) The earth, as a spiritual being, also has an etheric body, and according to Rudolf Steiner, 'the living cooperation of...nature spirits is the etheric or life body of the earth.' (lecture of April 4, 1912, in GA 136, *The Spiritual Beings in the Heavenly Bodies and in the Kingdoms of Nature*) During this pair of lectures, Lisa Del Alba will explore the significance of these statements for our everyday human striving.

The first lecture will elaborate the concepts surrounding nature spirits, or elemental beings themselves. What are the different kinds of elemental beings, and where do they come from? What are their tasks? How do they work within our own being, and what does that mean for us in our everyday lives and in our spiritual striving? In the second lecture, through an 'Alaskan example', Lisa Del Alba will begin to touch on the topic of how human beings can strive to become the co-workers of higher spiritual beings working towards the redemption of our own relationship with the earth.

Admission: \$20

Lisa Del Alba currently lives in Fairbanks, Alaska, where she practices naturopathic medicine anthroposophically. She is married and the Waldorf-homeschooling mother of seven children.



"Lightning originates where the Will of the Hierarchies actively expresses itself. A flash of lightning is a primary being accompanied by many smaller." (*Nature Spirits and What They Say: Interviews with Verena Stael von Holstein*; the drawing of lightning, by Leo Kline, is based on the interviews)

**THE PAINTINGS OF GERARD WAGNER
A SLIDE PRESENTATION AND TALK
OFFERED BY GAIL MCMANUS**

February 12, Sunday, 2:00 - 3:30 p.m.

For 70 years the painter Gerard Wagner explored the world of color. Always taking the sketch motifs of Rudolf Steiner as the essential points of reference, he created watercolor paintings which depict an objective experience of how form can arise consistently out of the relationship of one color to another. In this manner, Gerard Wagner arrived at themes as diverse as the plant, animal and elemental worlds, the human soul realm, and the spiritual life of festivals.

Gail McManus studied in the painting school of Gerard Wagner at the Goetheanum in Dornach, Switzerland. She looks forward to sharing breathtaking slides of his paintings accompanied by a description of the painter's life and work.

No admission charge. Donations are very welcome.

**A SPIRITUAL VIEW OF AUTISM
WITH DR. BASIL WILLIAMS**

February 18, Saturday, 2:00 - 3:30 p.m.

Autistic Spectrum Disorder (ASD) is increasing in incidence every year. What is the spiritual significance of this and how can it be treated? Dr. Williams will discuss the experiences of different clinicians and therapists who care for ASD throughout the country, both in traditional and Anthroposophical clinics.

The latest research concerning factors that contribute to this illness will be discussed. Dr. Williams recently gave a workshop at the Goetheanum entitled "Cranial Osteopathy in the Light of Spiritual Science;" he will talk about this therapy in treating children with ASD.

Admission: \$20.

Dr. Basil Williams is an Osteopathic Physician, board-certified in Internal Medicine, Infectious Disease, and Anthroposophic Medicine. He has practiced medicine for 42 years. He was for many years Assistant Professor of Medicine at Wayne State University's School of Medicine, where he performed original research in the field of virology, practiced Internal Medicine/ Infectious Diseases, and taught medical students. Having been raised on a farm, Dr. Williams also had an early interest in biodynamic agriculture. The combination of these two fields led him to an interest in producing healing substances for the land, honoring the Elemental Beings and celebrating the festivals of the year.

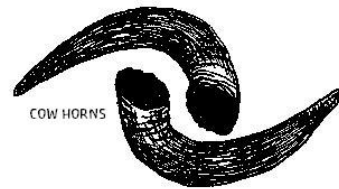
**AWAKENING TO THE FESTIVALS, ELEMENTAL
BEINGS AND HEALING SUBSTANCES
WITH DR. BASIL WILLIAMS**

February 19, Sunday, 2:00 - 4:00 p.m.

What do the elemental beings want from humans? They want us to move forward with our consciousness, to evolve enough to recognize them again. We will work toward this by making a healing substance for the earth. As we work, we will engage our Will by grinding matter, our Feeling by stirring our heart forces into the substance, and our Thinking by listening to Dr. Williams speak about how the elemental beings work as intermediaries between the earth and the spirit-cosmos.

Please bring a pint jar so that you can take some of this blessing substance home.

Admission: \$20.00



**MEMBERS' MEETING: THE ANGELS AND THE
SPIRIT OF COLLABORATIVE ENDEAVOR**

February 25, Saturday, 2:00 - 3:30 p.m.

In his lecture "The Work of the Angels in Man's Astral Body" Rudolf Steiner gives a stirring, deeply thoughtful description of what the angels are doing in our time to help human beings develop and mature the qualities that are essential to viable community. Given in Zurich on October 9, 1918, when the First World War had been waging for more than four misery-filled years, the lecture is sturdily hopeful, constructive in its approach, and clear-sighted both as to the hazards and as to the opportunities that modern life, even in wartime, presents us with. Reading and discussing it together can help enliven and deepen our preparation for the March 18 annual general meeting of our Branch's membership, which will center on the theme of nurturing the spirit of collaborative endeavor.

Please read the lecture before our February 25 meeting if you can, and bring it with you. It is available online in the Rudolf Steiner Archive and also in print, in GA 182, *Death as Metamorphosis of Life*, where it is titled "What Does the Angel Do in our Astral Body?"

NEWS FROM THE LIBRARY

We have changed our trade name to

Rudolf Steiner Library in Los Angeles

The bookshop will be closed by the end of this year. We are trying to sell out the big remaining inventory. Come and take advantage of our

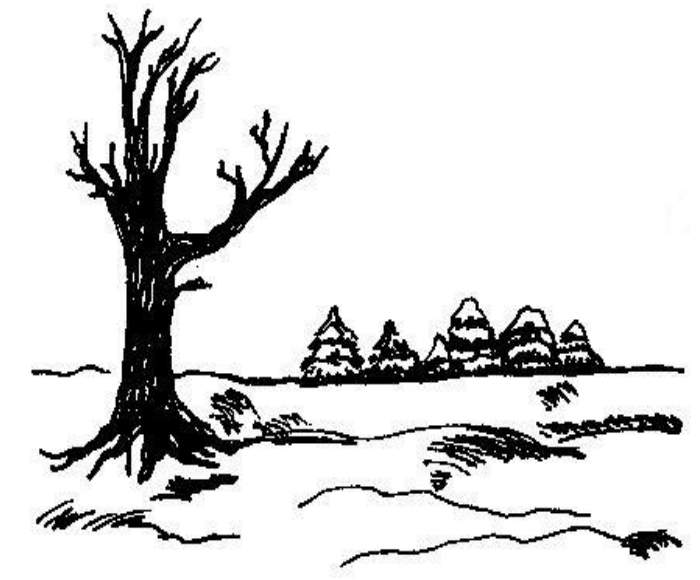
HARVEST SALE

40% OFF EVERYTHING

every Saturday 10:30 a.m. - 5:00 p.m. until December 31st

Starting in January the Library will be open Saturdays 1 – 5.

Telephone (626) 578-7513



The art work in this calendar of events is by William Blake and Dory Rindge.

CALENDAR OF EVENTS
DEC 2011 JAN/FEB 2012
Anthroposophical Foundation of California
Rudolf Steiner Community Center
110 Martin Alley, Pasadena CA 91105

