



LOS ANGELES BRANCH
ANTHROPOSOPHICAL SOCIETY IN AMERICA
SEPTEMBER, OCTOBER, NOVEMBER 2011

FIRST CLASS Blue card required.

September 11, second Sunday, 5:00 p.m. Lesson 10
October 2, Sunday, 3:30 p.m. Conversation centering on
letters from Ernst Katz.
5:00 p.m. Lesson 11
November 6, Sunday, 5:00 p.m. Lesson 12

GREEK MYTHOLOGY, STILL RELEVANT?
WITH PHILIP MEES

September 10, Saturday, 7:30 - 9:00 p.m.

Greek history as we know it begins with the Trojan War and the fall of the city of Troy. Yet this is a mythological story. Where is the borderline between mythology and history? What can the sometimes outrageous myths in their unique union of imagination and realism tell us of things that actually took place? And do these stories have any meaning for us in our time? These are the kinds of questions we will contemplate together.

Admission: \$20

EURYTHMY FUN SHOPS
WITH LYNN STULL

September 17, Saturday, 10:00 a.m. - 12:30 p.m.

Back to Basics

October 15, Saturday, 10:00 a.m. - 12:30 p.m.

Geometric Forms

December 10, Saturday, 10:00 a.m. - 12:30 p.m.

Thinking, Feeling and Willing

Come join us as we use the Art of Eurythmy to explore and experience the basic movements of eurythmy, the creative qualities of geometric forms, and the different aspects of movement with thinking, feeling and willing.

No experience necessary. Just be open to having fun!

Please come at 9:45 a.m. so that we may start promptly at 10 a.m.

\$25 per session.

MEMBERS' MEETING

MICHAEL'S KNIGHTS:

THE ARTHUR STREAM AND THE GRAIL STREAM

September 18, Sunday, 2:00 - 3:30 p.m.

Our Branch's Michaelmas Festival will center on the mystery of Michael's Sword. In order to deepen and enliven our preparation for the Festival, we will meet together to read and discuss Rudolf Steiner's lecture of August 21, 1924, given in Torquay, England. In this engaging lecture Rudolf Steiner vividly describes the stream of Arthur and the Round Table and its polar opposite, the stream of Parsifal and the Holy Grail, clearly explaining how each of these streams serves the Archangel Michael. He also explores how the Arthur stream and the Grail stream relate to the School of Chartres and to the supersensible School of Michael in the 15th and 16th centuries, and their meaning for us, in our time.

All members are warmly invited to participate in this meeting. Please read the lecture ahead of time if you can, and bring it with you to the meeting. It is available in English translation in GA 240, *Karmic Relationships: Esoteric Studies*, Vol. VIII, and online, in the Rudolf Steiner Archive (www.rsarchive.org).

A SECOND VISIT WITH THE FIVE PANELS ON RUDOLF STEINER'S LIFE AND WORK WITH DANIEL BITTLESTON

September 24, Saturday, 10:30 a.m. - 12 noon,
followed by a potluck lunch

Douglas Miller designed five lovely panels about the life and work of Rudolf Steiner for the 150th anniversary of Dr. Steiner's birth. We were able to view the panels during our annual general meeting in March and have the pleasure of revisiting them again, as Daniel Bittleston is bringing them with him on his Southwest tour. He will talk on "Anthroposophy: Awakening the Listening Heart". Those who wish to stay afterward can take a leisurely look at the panels and converse over a potluck lunch. Please bring something to share.

Admission: \$20

Daniel Bittleston was born in England and attended 5 Waldorf schools in Europe as a child. As an adult he taught in 4 others. His mother's influence through puppetry work lives on in Daniel's courses on imagination and storytelling. He has six accomplished children, owns a hardwood floor business, and has edited the Santa Cruz Branch newsletter for the past 10 years. Daniel is a member of the Western Regional Council of the Anthroposophical Society in America.

MICHAELMAS FESTIVAL MICHAEL'S SWORD AND HUMAN STRIVING

October 1, Saturday, 2:00 – 3:30 p.m.

"The Michael Festival has a unique aspect, namely that it requires, and brings the participants into, a relationship with the archangel who is the helper or inspiring companion to every person who today seeks spiritual development.." (Adrian Anderson, *Living a Spiritual Year*, Anthroposophic Press, 1993)

Our Michaelmas Festival will center on what Rudolf Steiner has described as the "majestic spirit might" of Michael's sword, pointing toward the human being's higher nature. Together we will hear a thought-awakening early Christian story of Michael at the Crucifixion, contemplate a beautiful artwork by the anthroposophical artist Marita Karlsson, and experience two poems by Rudolf Steiner, the stirring "Michael's Sword" and the 26th Week verse of the *Calendar of the Soul*, performed in eurythmy by the Eurythmy Enthusiasts, directed by Lynn Stull.

NURTURING OUR RELATIONSHIPS A WORKSHOP WITH LEE STURGEON DAY

October 21, Friday, 8:00 - 9:30 p.m.

October 22, Saturday, 9:30 a.m. - 4:00 p.m.

We are each other's destiny, bringing challenges and opportunities to one another's development. This work-shop will help us see how the resources we bring from our past influence our relationships in the present. The workshop will also offer practical and imaginative ways to enhance our relationships, so that we may meet and nurture our children more creatively, and support each other on our life journeys.

Admission: \$50 for the entire weekend, \$20 for Fri. evening only, \$20 for Sat. morning only, \$20 for Sat. afternoon only

Lee Sturgeon Day is a counselor and adult educator, and co-founder of the Centre for Social Development in England and of Lifeways for Healing Education, and author of *A Slice of Life – A Personal Story of Healing through Cancer*. A Waldorf parent for 13 years, she has led workshops since 1975. Several workbooks are available on her website: www.leesturgeonday.com.



MI-CHA-EL, Mighty and Strong,
Help us to overcome wrong;
Help us to bring in the Light
Ending cognition's long night;
Help us be fearless and wise
In this hard battle, man-size;
Help us be confident, sure,
Free from all selfish allure,
Working to further World-Will,
Purposes Holy fulfill;
Serious assaults souls assail
May inner courage prevail!

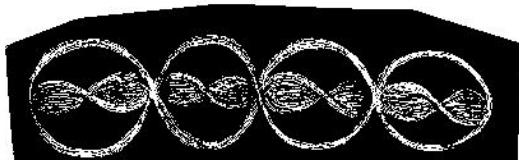
Beredene Jocelyn
Michaelmas Eve, 1961

SACRED CROSSINGS: A FESTIVAL FOR THOSE ON BOTH SIDES OF THE THRESHOLD WITH OLIVIA BAREHAM

October 29, Saturday, 4:00 - 5:30 p.m.

Our festival will begin with eurythmy, music and poetry performed by Mary Delle LeBeau, Irina Segal, and Margaret Shipman. We will honor those who have crossed the threshold, and look forward with renewed insight into future crossings. Up until the turn of the twentieth century, when a family member died, relatives and friends cared for the loved-one at home until burial or cremation. The body was laid 'in honor' in the parlor, where neighbors, relatives and friends came to pay their last respects. Everyone, even children, would participate in the 'Home Funeral' which provided a profound opportunity for healing and closure. Rev. Olivia Bareham's talk will encourage us to reclaim our right to create truly sacred crossings for our loved ones.

Olivia Bareham, founder of Sacred Crossings, is a certified Death Midwife, Home Funeral Guide and celebrant.



CLEANING HAS MEANING WITH LINDA THOMAS

November 4, Friday, 8:00 - 9:30 p.m.

November 5, Saturday, 9:30 a.m.- 4:00 p.m.

Everything that repeats itself in life can become routine, or when done with awareness, can become a skill that charges all that we do with a breath of our own spirit. Creating rhythm in our lives and performing the act of cleaning with awareness and love, we enter into a new relationship with the elements and the elemental beings. This is practical Anthroposophy in everyday life. The workshop will draw attention to the health-giving effects of cleaning on the human being as a whole, as well as to the wide area of development this activity offers us: patience, rhythm, attention to detail, personal responsibility.... There will be a demonstration of cleaning products, materials, washing products, and also many practical tips and tricks of how to make the work easier and more effective.

Admission: \$50 for the weekend, \$20 for Fri. evening only, \$20 for Sat. morning only, \$20 for Sat. afternoon only.

Linda Thomas was born in South Africa in 1953. She founded her own ecological cleaning company in Switzerland in 1988 and has managed the cleaning services at the Goetheanum since 1993. This work, and her love of the profession of housewife, has led her to discover a path of inner training through everyday work. She shares her thoughts and experiences in this field through lectures and courses in Europe and abroad.

HOW TO WIN A LOSING BATTLE: ANTHROPOSOPHY IN OUR TIME WITH EUGENE SCHWARTZ

November 11, Friday, 8:00 - 9:30 p.m.

November 12, Saturday, 4:30 - 6:00 p.m. & 7:30 - 9:00 p.m.

Friday at 8:00. **Toxins and Teleology: The Interwoven Destiny of Nicotine, Alcohol and Anthroposophy** Since the time of the Ancient Mysteries, toxic substances have played a role in the dimming of ordinary consciousness and the awakening of spiritual faculties. Rudolf Steiner indicated that in the modern age substances such as alcohol and nicotine no longer serve a spiritual purpose, however... Eugene will examine the interesting ways in which cigarettes and wine have been woven into the anthroposophical movement in the twentieth century, and discusses what we may expect in the twenty-first.

Saturday afternoon. **Buddha, Steiner and Christ: The Uncertain Future of Waldorf Education** Eugene shares his experiences of the growing power that Ahrimanic materialism and the Luciferic path of modern Buddhism are exerting in Waldorf schools. How might a truly Christian balance return to an educational impulse soon to celebrate its centennial?

Saturday evening. **Reuse, Recycle, Renew: Reincarnation and the Fate of the Earth** Is there a connection between the Second Coming of Christ and the environmental movement? How do contemporary efforts at "being green" relate to the necessity of a Western grasp of reincarnation and karma? In tonight's lecture, Eugene will explore the often-overlooked role of human consciousness as the key to the future of the planet.

Admission: \$50 for the weekend, \$20 for each lecture.

Eugene Schwartz has worked with all stages of life, from the young child to the elderly and the dying. He began his teaching career by adapting the Waldorf curriculum to educate a group of handicapped and emotionally disturbed adolescents, after which he became a class teacher at Green Meadow Waldorf School. He now works worldwide as an educational consultant and lecturer, and serves as a Fellow of the Research Institute for Waldorf Education.

MEMBERS' MEETING RUDOLF STEINER AND THE FIFTH GOSPEL

November 26, Saturday, 2:00 - 3:30 p.m.

In preparation for our Branch's Holy Nights study of Rudolf Steiner's lecture series *The Fifth Gospel*, we will read and discuss key passages in *Rudolf Steiner and The Fifth Gospel: Insights into a New Understanding of the Christ Mystery*, by Peter Selg (SteinerBooks, 2010) .

Tribute to Gloria Carrillo

Gloria is perhaps the most understated woman in our Branch. She would never tell you about herself unless you ask. I have asked, which is why I'm writing this. Gloria made the refreshments for ALL Los Angeles Branch events for almost TWENTY years. Gertrud Kohler and Heidi Moore first asked her to take over refreshments. "I thought I should make health food snacks for everyone, because we're so health-conscious," Gloria laughed. "But no one would eat them," she continued in her diminutive voice, which has tamed the toughest men in her lifelong work as a social worker. (You probably don't know that she has a Ph.D. from UC Berkeley, a top-rated school!) After this none-too-successful beginning, Gloria sought Heidi for advice. To the next Branch event Heidi brought a huge plate of brownies; they were the first to go. Gloria is smart, really smart. After that she made what the public wanted: sweet, gooey cakes, always brownies, yummy chocolate chip cookies, chips and dip, crackers and cheese. And make them she did, in her own kitchen – except for the chips and dips, crackers and cheese. Each time a Branch event approached, Gloria made her list of ingredients, supplies (cups, plates, etc.) and other items to buy. She shopped, baked, and then piled the refreshments in her car and brought them to our Branch building. She'd slip in and set up her table for the event, and then she'd be there to wash up and take everything home again that should not be left in the building. This amazing lady wanted to save our Branch money, so she'd collect coupons to buy everything with. Many thanks, dear Gloria, for all your years of caring service to us. *Mary Delle LeBeau*

News from the Rudolf Steiner Library & Bookshop

The Bookshop is closed until September 10. The Library is open on Saturdays 2:00 - 5:00 p.m. We encourage you to access it through the "Bookstore and Library" portion of our website, www.anthroposophyla.org. If you cannot come on Saturdays, we can mail books. They can be returned by mail, put in the book drop at the building, or be returned on Saturdays. Telephone (626) 578-7513.

For information about study groups and the activities of the Los Angeles Branch, please contact Jane Hipolito, Branch Chair, janehipolito@earthlink.net; telephone (714) 993-6498, or visit our website, www.anthroposophyla.org.

Program artwork by Dory Rindge.

SEPTEMBER OCTOBER NOVEMBER 2011

**Anthroposophical Foundation of California
Rudolf Steiner Community Center
110 Martin Alley, Pasadena CA 91105**

